



Considerations for Hong Kong, China and Vietnam



Hong Kong (Special Administrative Region of China)

- Hong Kong is world class and has all the services you are used to. I drink the water and the cities are clean. It's a little pricey, though. Lots of options for food, drink, partying, shopping, exploring, cultural activities and ferry rides. Consider taking the MTA to the heart of the city and taking a ferry to Hong Kong proper.
- Hong Kong proper is actually an island, but Hong Kong actually refers to several areas, most notably Hong Kong, Kowloon and the New Territories. It has an excellent transportation system made up of buses, trains, ferries, taxis and highways.
- Our hotel, The Panda Hotel, is the second largest in Hong Kong (the new airport hotel is the only one larger) and is situated between town and the airport, about 10 kilometers from the heart of Hong Kong & Kowloon action.
- Most will have individual visas for China and Hong Kong allowing you to travel more freely than a group visa allows.
- If you are interested in traveling to other Asian destinations than Odyssey has in mind, Rocky and his staff at Phoenix Travel (852 2722 7676) have the answers.
- Be prepared to have folks shove advertisements in your face when walking along Nathan Avenue, some of the most expensive real estate in the world.
- Lots of English spoken in Hong Kong.
- It takes about 7.8 Hong Kong dollars to make \$1. So, divide the price by 7 and you will pay a little less than the result.
- An excellent time of year to visit this area, except for the conventions and trade shows that consume many of the resources.
- Should be warm and perhaps humid.

Considerations for China

- Communism in real time, that's China. Struggling to integrate into a shrinking world without losing control over their people or allowing unhealthy Western ideals to negatively influence their citizens. Overall the Chinese are wonderful people. Once you engage a person with a nod, smile or conversation, they tend to light up instantly. Expect lots of stares
- China is huge, with a population to match. People and their products of commerce are everywhere. Chinese people are very industrious and work hard to feed their families. You will see folks carrying large loads of just about anything on their bikes, motorcycles, weird looking trucks, heads, and on their backs. Amazing strength.
- Be prepared for a sizeable cultural shock. Life is definitely different, especially the sanitation facilities. You won't be able buy what you want or need as easily as you want it. Things are often unfinished, poorly maintained, and even dirty. Main city streets are kept pretty clean, however.
- Don't drink the water. Use TK&A's supplies or pick bottled water up along the route. The hotel rooms will normally have a thermos of hot water for tea. Put it into a glass to cool for drinking water. Make sure you have plenty of bottled water with you at all times.
- Toilets at service stations and other places are usually cement trench types with no flushing mechanism. Some restaurants and hotels might have much better facilities, including western toilets. Get used to squat toilets, 'cause you will have them in several of our hotels. Don't even ask where the sewage goes...usually into the closet waterway. Sanitation is a big infrastructure challenge for China and most Asian countries.
- Toilet paper. Bring plenty and carry it with you during the day. Also carry some soap or a hand cleaner.
- Much of Asia is very formal. You'd never believe that people dressed for office work are actually construction workers or driving trucks. Shorts are almost non existent on adults. It's okay for us, however.
- Littering is quite common, but you don't see a lot along the roads like we did in Mexico. People recycle.
- China's currency is the RMB (Renminbi) and it takes 8.4 to make 1 US\$.

• **Preparing for hotel stays in China**

- * It has taken up to 5 hotel in some cities to accommodate our large group. Be flexible, be happy! Enjoy this remarkable country.
- * Suggest you carry a light weight sheet for some of our more modest hotels. Though not necessary, you might feel better for it.
- * Many of the hotels make their best statement on the appearance of their lobbys. Many seem to budget less for the upkeep of the rooms, bathrooms, halls and refurbishing. Some are pretty short on staff as well. It will be an experience.
- * We generally designate a host hotel in each overnight community. Dinner and breakfast will usually be at this hotel. If your hotel is other than the host hotel, please walk if it is close. If it is a little to far away, we will provide shuttles as vehicles become available.
- * Be prepared to walk up as many as seven flights of stairs with your bags in some of the hotels.

• **Preparing to eat in China.**

- * The Chinese do serve a lot of good food, after all Chinese food is very popular around the world. However, peel your fruit and stick with well cooked foods.
- * Might bring your own clean chopsticks (or fork and/or spoon), especially when eating during the day away from the hotels.
- * Don't expect western food, even though we have arranged for the Chinese version of Western food a couple of evenings. Most Western food has to be bought from a place far, far away and is not available.
- * If you don't like rice, Asia is going to be tough. Be psyched and prepared to eat lots of Chinese food. Rice, friend rice, vegetables, meats, tofu, strange looking things, etc. Plenty of vegetables, quite like you receive in a Western Chinese Restaurant.
- * Most food will be served family style at a table for 10 or so people. Food will be placed on a spinning glass top on the table. People use their chop sticks to collect food from the plates, often one piece at a time. Then it's eaten and the chopsticks return to get more. Not what you might be used too, but it's what you will see.
- * Be prepared to watch the Chinese spit their food on the floor, table top or into a receptacle of some type. Suggest taking it from your mouth and placing it on a plate or in a bowl.
- * Get used to smoking almost everywhere, including the restaurants.
- * We have asked for plenty of food. Please be patient as they prepare more if your table supplies run low.
- * Sorry, but Asia has been surprisingly hard to get vegetarian food that does not include fish. We have asked and will ask again for enough vegetarian food to take care of our group. If you feel you are not getting the protein you need, you might consider some type of supplement.

• **Preparing to ride your bike in China**

- * Vehicles are used to cyclists but may not yield to you when you believe they should.
- * Many of the paved roads are still rough. Some are in excellent condition. Expect the worst.
- * Cycling is a normal form of transportation and most cities have bike paths along the major streets. It's pretty chaotic, though. The paths are multiple use and people just dart into and across the street.
- * Signing. Don't expect many well placed navigational signs. Use your odometer and creative interpretation skills.
- * There are toll booths, usually costing 8 to 10 RMB) on the highways and entrances and/or exits to some of the cities. Bikes are free.
- * Expect services in the cities and plenty of small restaurants on the main roads.
- * Road construction and obstacles are usually not well marked, so keep a good eye out.
- * Some drivers have the irritating habit of leaving rocks and other debris in the road after they repair their broken down vehicles.
- * The roads are shared by lots of stuff, bikes, people, cars, trucks, buses, utility vehicles, animals, etc.
- * Suggest you cover water bottles in a plastic bag of some type.
- * Bring a mask or use your handkerchief when you expect construction. Be patient, we have a couple of long sections to deal with.
- * Few people speak English along our route, except in the major, fancier hotels.
- * Expect rough roads and the smoother ones will be a bonus.
- * Toilets can be rare, so plan to make use of the facilities you can find, or make do. Carry toilet paper.

- * As a normal precaution, lock your bike when you leave it and at night. Also, tend to your stuff when stopped, even though it is unlikely you will have any problems. Overall, the Chinese are very honest people.
- * Lots of horn blowing by the trucks and buses. Since people tend to wander freely on and off the roads, horn blowing, though irritating, might even be considered a courtesy. An ear plug might help.
- * Ride with safety in mind at all times. The Chinese kinda know what they can get away with around vehicle drivers, we don't. Ride single file except when conditions allow two abreast. Use bike paths in cities and when available.
- * Expect to see a few accidents, some serious, when you are in China. It is unlikely you will be able to help much.

Considerations for Vietnam

- Since Hanoi and Ho Chi Minh City are a long way apart, about 1800 kms, we have designed a route to catch some of Vietnam's best. Unfortunately, it's not as much cycling as some would like.
- Don't photograph sensitive areas.
- Preparing for train travel-cramped, food and toilet paper.
- Lots of people and alternative transportation devices all over the roads.
- Expect to share the road with drying rice and other products.
- You will see plenty of face masks used to help protect folks from the road pollution.
- The Dong is the currency. It takes about 14,500 Dong to make a buck.
- The people are awesome and very friendly. Much more spontaneous than in China, it seems.
- Vietnam has been at peace for about 20 years now, since the border wars with China stopped. This is the first time in centuries the Vietnamese have not been at war.
- Vietnam seems to be a little more entrepreneurial than China.
- See if you can list the number of unique and different users of Hwy 1.
- See if you can document the number of crops drying on the pavement of Hwy 1 or the old highway.
- Hwy 1 markers tell you the distance to Hanoi, Ho Chi Minh City or other, more local destinations.
- Most services stations and restaurants have toilets.
- Horn honking is common in Vietnam as well. Possibly use an ear plug or simply tolerate it. Remember, it's not personal, it's a courtesy (in a way, anyway).
- When we get to the south, it's tropical, meaning hot and humid. Might be a little cool in the north.
- Long pants are the normal wear for the Vietnamese. Many of the women will wear face coverings and long gloves to protect themselves from the sun.
- Number license plates are in four colors. Yellow and red are for the military. Blue is for the government. White is for private vehicles.
- Remember, to the Vietnamese, America was the aggressor during the American war.
- Keep a watchful eye for trucks passing in your lane.
- 80,000,000 people live in this slender coastal country.
- Probably a better selection and access to food and snacks along the road than in China.

Day 287 Japan to Hong Kong via Kuala Lumpur

Fri 13-Oct

Keep left in Hong Kong, right in China and Vietnam.

Day 288 Hong Kong layover day

Sat 14-Oct

Tomorrow: To avoid the congestion and traffic of Guangzhou (Canton), we are heading up the Pearl River by boat, then catching buses to Wuzhou. We will be leaving Hong Kong on the 8:30 high speed 4 hour ferry to Zhaoqing, then catching buses for a 4 hour, 163 kilometer interesting ride to Wuzhou, where we will be spending the night.

Day 289 Hong Kong to Wuzhou (via ferry/bus)

Sun 15-Oct

Schedule of events (subject to change).

5:30 to 6:30 am	Breakfast at hotel.
6:00 to 6:30	Load personal gear on trucks.
6:30	Load buses.
6:45	Buses must depart hotel. If you miss, take a cab at your expense to the China Hong Kong Ferry Terminal at Tsim Sha Tsui.
7:15	Buses arrive at ferry terminal. Unload trucks and retrieve own gear. If not already issued, pick up ferry ticket from TK&A.
7:20	Begin checking in. You can check up to 20 kilos of weight without incurring an excess baggage charge. It will cost at least \$4 US per kilo over 20 kilos. Might keep some as carry on bags, though no place to put them.
8:30	Ferry is out of there.
12:30	Ferry arrives in Zhaoqing. Must clear customs with your passport and visa. Carry your bags and walk one bike (doesn't have to be yours) off ferry. We might need a few people to return to ferry to roll an extra bike through customs. NOTE: A few of you (noted in your passport) are on a group visa, so you must clear immigration as a group both when arriving and departing China. Otherwise, you have lots of freedom.
12:45 pm	Begin loading bikes and gear onto trucks. We can use help loading all of Odyssey's support equipment if you have the energy.
1:15 or so	Load buses for a four hour ride to Wuzhou.
5:15	Arrive at the Wuzhou Hotel for 2 to a room sleeping. Collect bags and bikes.
6:00 to 7:30	Dinner at hotel.
6:30 to 9:00	Bike shop open.

Services: Wuzhou has everything you will probably need tonight. Though it isn't a super large city, it has an ideal location on the Xun Jiang River. This is your introductory evening to Odyssey's China. Enjoy...I know you will!

Facilities: We have secured most of the rooms in the largest hotel in Wuzhou, the Wuzhou Hotel, 2 to a room. A good looking modest facility in the heart of the action. This is better than most of our China hotels. 85 per person, food is 50 per person. 1000 rmb deposit.

Sanitation: Throughout China and Vietnam, all of our hotels have a bathroom of sorts with sinks, some type of toilet and a shower. Some even have tubs. We suggest bringing extra toilet paper and fresh water to your hotel each night.

Dinner: Dinner will be in the hotel's Chinese Restaurant from 6:00 to 7:30 pm.

Breakfast: Breakfast will be in the hotel's restaurant from 7:00 to 8:30 am.

Tomorrow: 95 kms of hilly pedaling. Remote in places so stock up.

Day 290 Wuzhou to Xindu
Mon 16-Oct

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Emergency #'s: Tim's GSM USA Cell: Call direct by adding "001" to the numbers below. Even better is to call USA provider like AT&T, then dial 206-390-2397; Karen-Ann at 206-295-5383; Brit-Simone 206-295-5385. Cell coverage varies, so please keep trying.

Kms Accum *Pedal on right side of road.*

- | | | |
|------|------|--|
| 0.0 | 0.0 | RIGHT onto Xijiang Sanlu (Sanlu means road) in front of the Wuzhou Hotel. |
| 0.4 | 0.4 | RIGHT onto Datong Lu (unmarked until after turn) just after the Bar Baiyun Hotel (unmarked). Note no truck sign and sign on corner with a picture of a phone. Note Workers Hospital ahead. |
| 0.4 | 0.8 | BEAR RIGHT to continue along right. Begin climbing ahead. Baiyun Rd sign after turn. |
| 0.6 | 1.4 | Road flattens out for a minute. |
| 1.0 | 2.4 | Gonglouji (fancy arch) on right. |
| 0.1 | 2.5 | RIGHT in front of wall with a painted warning sign on a fast downhill. |
| 0.8 | 3.3 | STRAIGHT at grass rotary. Bridge to left. |
| 1.3 | 4.6 | CROSS under bridge. CAUTION short section of gravel. Large river on your left ahead for a short stretch. |
| 2.5 | 7.1 | Route becomes more remote. |
| 3.1 | 10.2 | CROSS small creek. |
| 1.2 | 11.4 | ENTER Wuampu Town, unmarked in English. |
| 2.7 | 14.1 | Green road construction caution sign on right. The road is being straightened and widened for a long way. CAUTION a few short gravel sections ahead. |
| 19.0 | 33.1 | Small store on left. Might be others along the route, just keep an eye out. Short steep climb ahead. |
| 1.9 | 35.0 | STRAIGHT to follow main road at top of hill. Short descent ahead. More climbing and excellent views ahead. |
| 4.8 | 39.8 | CAUTION sharp downhill curves ahead. |
| 4.2 | 44.0 | CROSS small 13 ton bridge. |
| 2.4 | 46.4 | CHECKPOINT on left. This is Li Bu. Limited services. Sorry, no toilet. |
| 5.6 | 52.0 | A steep, aprox 2 km climb ahead. |
| 2.0 | 54.0 | Begin fast curvy descent. Limited services ahead in valley. Route also becomes more scenic. Lots of construction continues ahead. CAUTION : clay on road will be slippery if wet. |
| 5.0 | 59.0 | ENTER Shi Qiao (unsigned). Limited services. |
| 10.5 | 69.5 | Enter (Sha Tou) another village. Lots of services. |
| 1.0 | 70.5 | CROSS river. |
| 2.5 | 73.0 | Mobile Service Station. Primitive toilet, I believe. |
| 7.5 | 80.5 | Highway construction appears to have ended on new highway, 207 I believe. Expect lots of bikes and people using the road. |

Continued

Day 290 Wuzhou to Xindu

Mon 16-Oct

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Kms Accum

3.2	83.7	ENTER Ren Yi (unsigned). Limited services.
10.3	94.0	ENTER Xindu. Full services.
0.1	94.1	Three of our 5 hotels here. Continue to check-in and we will shuttle you back.
0.5	94.6	BEAR LEFT to follow the route.
0.4	95.0	LEFT into the Sin Yue Gui Hotel (unmarked in English) on left. Dinner and breakfast here.
	95.0	Today's Distance
	95.0	Total Stage in Kilometers
	23,344.5	Total Trip Kilometers

Services: Full services in this relatively small city in the middle a rice paddy valley. Xindu is smaller than Wuzhou, so expect fewer services and much, much more modest facilities. It takes five hotels to handle our group. Though it differs between hotels, don't expect the halls and rooms to look clean and tidy. Be flexible and make the best of the experience.

Facilities:

1. Yi Yuan Hotel-interesting looking on the left just after getting into town.
2. Jinjiao Hotel is across the street from the Yi Yuan Hotel.
3. Ming Zhu Hotel is on the right just past the Yi Yuan Hotel.
4. Sin Yue Gui Hotel (unmarked in English like most of the hotels) on left.
5. Yang Guang Hotel on right past dinner hotel.

Dinner: Dinner will be from 6:00 to 7:30 pm at the Sin Yue Gui Hotel.

Breakfast: Breakfast will be from 7:00 to 8:30 am at the Sin Yue Gui Hotel

Tomorrow: 95.9 kms. Not much climbing on fairly good roads. Still pretty congested with all types of shared road use. We are getting closer to the scenic limestone carst region of China.

Day 291 Xindu to Zhongshan
Tue 17-Oct

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Emergency #'s: Tim's GSM USA Cell: Call direct by adding "001" to the numbers below. Even better is to call USA provider like AT&T, then dial 206-390-2397; Karen-Ann at 206-295-5383; Brit-Simone 206-295-5385. Cell coverage varies, so please keep trying. Might not work well from here. Check for new numbers posted on the gear truck. Might try Andy's cell at 1360 783 0142.

Kms Accum

0.0	0.0	LEFT onto the main hwy from the Sin Yue Gui Hotel. Expect construction.
0.4	0.4	Last hotel on right just before large sign across road.
2.6	3.0	Toll booth.
14.0	17.0	ENTER Da Guishan. No services.
8.0	25.0	Toll booth as you enter Meihuai. Limited services. Fish statue ahead on right.
13.8	38.8	Large service station on left. Small store on right before station. Limited services for a couple kms.
1.5	40.3	Another large service station on right.
6.4	46.7	Limited services. Begin to see limestone carsts on the horizon. Impressive.
6.8	53.5	Service station just before town.
0.1	53.6	STRAIGHT to follow route at turnoff into Babu.
1.6	55.2	STRAIGHT to follow route at turnoff into town. Large gravel works on left.
6.7	61.9	CHECKPOINT at Sinopec Service Station just before town. Services. We are in Huan Tian. STRAIGHT to follow main road after checkpoint.
1.2	63.1	Toll booth. Nice carsts ahead.
6.3	69.4	BEAR LEFT to follow route as smaller paved road goes off to right.
3.6	73.0	Service station on left.
2.0	75.0	Limited services in small village.
2.8	77.8	BEAR RIGHT to follow route as smaller paved road goes off to left.
4.0	81.8	BEAR LEFT to follow route as major paved road goes off to right.
10.3	92.1	Plenty of services in small village.
1.3	93.4	BEAR LEFT into the heart of Zhongshan at large painted wall.
0.9	94.3	CROSS bridge.
0.7	95.0	STRAIGHT under yellow and red banner at paved intersection.
0.4	95.4	RIGHT just after large park at rotary.
0.3	95.7	LEFT onto smaller street just before ICBC Bank and one of our three hotels, the Hua Er Hotel. The third is the Yi Qiao I don the street 100 meters.

Continued

Day 291 Xindu to Zhongshan
Tue 17-Oct

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Emergency #'s: Tim's GSM USA Cell: Call direct by adding "001" to the numbers below. Even better is to call USA provider like AT&T, then dial 206-390-2397; Karen-Ann at 206-295-5383; Brit-Simone 206-295-5385. Cell coverage varies, so please keep trying. Might not work well from here. Check for new numbers posted on the gear truck. Might try Andy's cell at 1360 783 0142.

Kms Accum

0.1 95.8 **RIGHT** towards fancy hotel facade with mermaids on wall.

0.1 95.9 Arrive at Zhong Shan Guest House/Renbian Hotel.

95.9 Today's Distance

190.9 Total Stage in Kilometers

23,440.4 Total Trip Kilometers

Services: Zhongshan is a sizeable town with plenty of services. We are in the heart of town.

Facilities: We are staying at three hotels owned by the same group. Zhong Shan Guest House/Renbian Hotel is where the gear trucks are parked.

1. Zhong Shan Guest House/Renbian Hotel.
2. Yi Qiao will accommodate.
3. Hua Er Hotel is the third hotel.

Dinner: Dinner will be from 6:00 to 7:30 pm at the Zhong Shan Guest House/Renbian Hotel.

Breakfast: Breakfast will be from 7:00 to 8:30 am at the Zhong Shan Guest House/Renbian Hotel.

Tomorrow: 110.2 kms of mostly flat terrain into the heart of the Limestone Carsts. Fairly good road, again shared by many and varying users.

Day 292 Zhongshan to Yangshuo
Wed 18-Oct

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Emergency #'s: Tim's GSM USA Cell: Call direct by adding "001" to the numbers below. Even better is to call USA provider like AT&T, then dial 206-390-2397; Karen-Ann at 206-295-5383; Brit-Simone 206-295-5385. Cell coverage varies, so please keep trying. Might not work well from here. Check for new numbers posted on the gear truck. Might try Andy's cell at 1360 783 0142.

Kms Accum

0.0	0.0	EXIT tie Zhong Shan Guest House/Renbian Hotel
0.1	0.1	LEFT in front of hotel at "T".
0.1	0.2	LEFT onto main street at Lucky sign.
0.3	0.5	STRAIGHT at the Yiqiao Hotel.
0.5	1.0	LEFT at fancy ball rotary.
2.5	3.5	Toll booth.
10.3	13.8	ENTER Gong An. Limited services.
26.9	40.7	CROSS a 20 ton bridge and ENTER Chetian. Limited services.
9.4	50.1	CROSS another bridge.
2.6	52.7	CHECKPOINT in wide parking area to right. Services across the street in small village.
8.7	61.4	ENTER Rong jin village. Limited services.
8.0	69.4	Toll booth. Limited services.
0.8	70.2	BEAR RIGHT towards Guilin.
1.8	72.0	Another toll booth.
13.1	85.1	Service Station as you enter a small village. Limited services.
1.2	86.3	CROSS the Shazi. Full services.
0.4	86.7	BEAR LEFT towards Guilin.
0.3	87.0	BEAR RIGHT towards Guilin. Large service station on left a few meters ahead.
14.4	101.4	ENTER Fuli Town. Full services.
3.6	105.0	Enter .1 tunnel.
3.1	108.1	CROSS the Yangshuo Bridge. Beautiful area.
1.0	109.1	STRAIGHT into Yangshuo town.
0.4	109.5	STRAIGHT at the entrance to into the Green Lotus Peak Hotel. One of our three hotels.
0.3	109.8	RIGHT and an IMMEDIATE BEAR RIGHT towards at large lighted rotary.
0.2	110.0	STRAIGHT at entrance to the Golden Dragon Hotel.

Continued

Day 292 Zhongshan to Yangshuo Wed 18-Oct

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Emergency #'s: Tim's GSM USA Cell: Call direct by adding "001" to the numbers below. Even better is to call USA provider like AT&T, then dial 206-390-2397; Karen-Ann at 206-295-5383; Brit-Simone 206-295-5385. Cell coverage varies, so please keep trying. Might not work well from here. Check for new numbers posted on the gear truck. Might try Andy's cell at 1360 783 0142.

Kms Accum

0.1	110.1	LEFT into the Xi Lang Hotel.
0.1	110.2	Arrive at checkin for hotel assignments.
	110.2	Today's Distance
	301.1	Total Stage in Kilometers
	23,550.5	Total Trip Kilometers

Camp Services: Yangshuo is a great area and very popular tourist destination. You will see lots of Europeans here. It's still China, so it is still rough around the clean edges. The people are great. Lots of restaurants, especially on Foreigner Row in the heart of the city. Even a couple of internet cafes. Excellent location for a layover day with lots to do.

Facilities: We are using three hotels. Our host hotel, the Xi Lian Hotel, is doing all the food for Odyssey.

1. Xi Lang Hotel is the host hotel.
2. Golden Dragon Hotel.
3. Green Lotus Peak Hotel.

Dinner: Dinner will be from 6:00 to 7:30 pm both nights at the Xi Lian Hotel. American BBQ on the 18th and Chinese on the 19th.

Breakfast: Breakfast will be from 8:00 to 9:30 am tomorrow and from 7:00 to 8:30 am on the 20th at the Xi Lian Hotel.

Tomorrow: Check-in with Andy to see what's happening. There is lots to do.

Day 293 Yangshuo layover day Thu 19-Oct

Tomorrow: 63.8 kms of flattish terrain. Lots of congestion on a relatively excellent road with a large shared shoulder. A very scenic day.

Day 294 Yangshuo to Guilin

Fri 20-Oct

Emergency #'s: Andy's cell is 1360 783 0142.

Kms Accum NOTE: Short day, so no CHECKPOINT.

0.0	0.0	RIGHT onto the main street in front of the Xi Lang Hotel.
0.1	0.1	RIGHT in front of the China Construction Bank onto main highway at rotary at "T".
1.1	1.2	Toll booth. Cyclists should be in bike lane.
6.8	8.0	ENTER Baisha. Full services.
12.5	20.5	ENTER Pu Tao. Limited services.
19.5	40.0	ENTER Yan Shan. Limited services.
12.0	52.0	Toll booth.
2.1	54.1	Enter the greater Guilin area. Guilin is sizeable with about 400,000 people.
1.1	55.2	CAUTION very rough railroad tracks.
0.8	56.0	CAUTION very rough railroad tracks.
0.1	56.1	STRAIGHT at light.
3.8	59.9	STRAIGHT to follow route through town at light. Construction.
0.6	60.5	STRAIGHT at Bank of China at light.
0.5	61.0	CROSS over the Taohuan River and an IMMEDIATE LEFT at light.
0.8	61.8	CROSS bridge over waterway.
0.5	62.3	LEFT onto Lijun Road just after the Industrial and Commercial Bank of China at light.
0.1	62.4	CROSS under highway.
0.4	62.8	Water park on right.
0.9	63.7	LEFT to cross bridge towards airport.
0.1	63.8	RIGHT into the Guilin Yinli Overseas Chinese Hotel.
	63.8	Today's Distance
	364.9	Total Stage in Kilometers
	23,614.4	Total Trip Kilometers

Services:	Guilin is large and sprawling. Lots to explore and do.
Facilities:	The Guilin Yinli Overseas Chinese Hotel is an excellent 3 star property close to town, nestled near the mountains. Again, two to a room.
Dinner:	Dinner will be at the hotel restaurant both nights from 6:00 to 7:30 pm.
Breakfast:	Breakfast will be in the hotel restaurant from 8:00 to 9:30 tomorrow and 7:00 to 8:30 on Sunday.
Tomorrow:	Consider the Li River boat trip back to Yangshuo and bussing it back. It's a great trip.

Day 295 Guilin layover day

Sat 21-Oct

Tomorrow:	94.0 kilometers with some solid hill work. Lots of remote, rice country. Be prepared for 10 kms of crappy construction. Bring a handkerchief for the dust and use extra caution if it's raining. If you are interested in seeing the Long Gi Rice Terraces (one of the wonders of the world) and village, we are trying to organize a tour for those interested tomorrow.
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Day 296 Guilin to Longsheng
Sun 22-Oct

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Emergency #'s: Andy's cell is 1360 783 0142.

Kms Accum

0.0	0.0	RIGHT onto street in front of the Guilin Yinli Overseas Chinese Hotel. Rough road for a bit.
2.1	2.1	BEAR LEFT to follow route at "T".
1.6	3.7	RIGHT towards airport at "T". Bikes use bike path.
0.7	4.4	STRAIGHT towards Liangjiang to follow route.
3.8	8.2	Toll booth.
0.2	8.4	STRAIGHT towards Long Sheng at turnoff to Nanning at rotary. Road becomes narrower, rougher and quieter.
2.8	11.2	STRAIGHT towards Long Sheng at turnoff to Liuzou just before crossing under bridge.
15.4	26.6	ENTER Wu Tong. Plenty of services.
10.6	37.2	ENTER Zhong Yong. Limited services.
8.4	45.6	ENTER Wan Tian. Limited services.
5.0	50.6	Begin a 1.2 km climb. Lots of ups and downs remainder of day. CAUTION fast descents.
4.0	54.6	Road crosses gorge. This is rice producing country.
9.4	64.0	CHECKPOINT somewhere in small village. Limited services. No toilets, I expect.
6.2	70.2	Summit of climb. Enter the Longsheng area. Sign saying Longsheng Hot Spring, The Sky on Earth. CAUTION fast, curvy descent with plenty of obstacles on the road.
10.8	81.0	STRAIGHT at turnoff to the World Famous Longi Terrace-17 kms to right. CAUTION construction for rest of day. Some of it is very rocky and dusty. Might want to use a face mask (handkerchief) if its really dusty. Use extreme caution if it is wet.
0.4	81.4	BEAR RIGHT onto what appears to be the new road. Still a long way from completed.
3.6	85.0	STRAIGHT to follow along river at bridge to left.
6.2	91.2	STRAIGHT to follow along river at bridge to right.

Continued

Day 296 Guilin to Longsheng
Sun 22-Oct

(Page 2 of 2)

Emergency #'s: Andy's cell is 1360 783 0142.

Kms Accum

1.0	92.2	Enter Long Sheng area.
1.6	93.8	LEFT onto main road at "T".
0.2	94.0	RIGHT into the Ying Sha Hotel, our host for the stay in Longsheng.
	94.0	Today's Distance
	458.9	Total Stage in Kilometers
	23,708.4	Total Trip Kilometers

Camp Services:	This is a sizeable city which appears to be mostly under construction. A little dusty. Full services near both hotels.
Facilities:	It takes three hotels to handle our group, all within .5 kms of each other. 1. Ying Sha Hotel. 2. Tourism Hotel. 3. Gonghuo Hotel.
Gear:	Tag your bags with your name and we will shuttle gear to hotels every hour beginning at 1 or 2 pm.
Dinner:	Dinners will be at the Ying Sha Hotel from 6:00 to 7:30 pm.
Breakfast:	Breakfast will be at the Ying Sha Hotel from 8:00 to 9:30 tomorrow and 7:00 to 8:30 am on Tuesday.
Tomorrow:	We have, hopefully, arranged for some relatively low cost tours at the famous Long Ji Rice Terrace area. Details at check-in.

Day 297 Longsheng layover day
Mon 23-Oct

Tomorrow:	132.9 kms. Rolling to flat terrain with a couple of respectable, but short climbs. Beautiful river riding in the morning and creek riding later in day. Very scenic.
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Day 298 Longsheng to Rong'an (Chang' an)
Tue 24-Oct

(Page 1 of 2)

Emergency #'s: Andy's cell is 1360 783 0142.

Kms Accum

0.0	0.0	RIGHT up the street past Hankook Tires when you leave the Ying Sha Hotel. Good views of the river and smaller rice terraces ahead. Rough but relatively quite road. We are on Hwy 321.
2.3	2.3	Road crosses river. CAUTION might be some gravel on the road ahead.
18.2	20.5	CROSS river. Gravel on bridge.
0.5	21.0	ENTER small town (Piaoli) with dirt street. Limited services.
5.5	26.5	Pass through small village as you cross river.
0.2	26.7	RIGHT to follow route at "T".
3.3	30.0	Summit of a light climb. Curvy descent ahead.
0.9	30.9	Small restaurant on left.
1.7	32.6	Limited services in a small village.
3.3	35.9	Wood inspection checkpoint.
0.6	36.5	Small tunnel.
1.4	37.9	STRAIGHT immediately after wood checkpoint to keep river on your right as other paved road crosses river.
4.1	42.0	Cool suspension bridge. Give it a try if you'd like.
7.5	49.5	CROSS a bridge and end up in a small village (Dou Jian) with plenty of services.
7.5	57.0	LEFT in front of 4 story white building toward 201 km (on small blue sign) as main road continues straight. Don't miss this turn. Eventually you will see a road marker indicating we are on Hwy 209. Last services for a long way. Scenery changes to small creek and more rice paddies. even a climb coming up.
15.8	72.8	Summit of a couple kms climb. CHECKPOINT . No services. CAUTION fast, curvy rough descent. Watch for more gravel on road.
3.0	75.8	Small store on left.
3.3	79.1	Limited services in small logging village.
4.5	83.6	Small store on left.
20.4	104.0	Enter small village. Might be limited services.
6.8	110.8	Wood inspection point. CROSS under a railroad ahead.
1.0	111.8	Services in the larger village of Dan Zhou. Pick up a sizeable river again.
1.4	113.2	CROSS under railroad again. Road improves.
14.1	127.3	CROSS major river.

Continued

Day 298 Longsheng to Rong'an (Chang' an)
Tue 24-Oct

(Page 2 of 2)

Emergency #'s: Andy's cell is 1360 783 0142.

Kms Accum

3.1	130.4	ENTER Rong An at toll booth. Full services.
1.2	131.6	CROSS under highway.
0.4	132.0	LEFT into the city in front of white building with blue windows next to an electrical transmission power tower.
0.3	132.3	LEFT at small rotary with really tall lights. Note 1 Hotel is straight ahead one to the right.
0.3	132.6	STRAIGHT at tall lighted rotary.
0.1	132.7	Lou Fang Hotel on right.
0.1	132.8	RIGHT in front of brick building.
0.1	132.9	LEFT into the Gin Di Hotel. Note: the gear will be dropped here and we will likely shuttle you to your respective hotel.
	132.9	Today's Distance
	591.8	Total Stage in Kilometers
	23,841.3	Total Trip Kilometers

Services: Rong'an is a larger city with lots of actions, except for finding a large hotel. Plenty of services.

Facilities: We are using four hotels to accommodate Odyssey.

1. Gin Di.
2. Lou Fang Hotel. Will eat at the Gin Di Hotel, a few block away.
3. Jia Xing Hotel.
4. Gin Song Hotel will handle dinner for the Jia Xing Hotel.

Gear: Tag your bags with your name and we will shuttle gear to hotels every hour beginning at 2 pm.

Dinner: Dinner will be from 6:00 to 7:30 at the Gin Di Hotel for those staying at the Gin Di Hotel and the Lou Fang Hotel. For those staying at the Gin Song and Jia Xing Hotels, dinner will be at the Gin Song Hotel from 6:00 to 7:30 am

Breakfast: Breakfast will be from 6:30 to 8:00 served at the respective hotels listed above.

Tomorrow: 110.7 kms. Unfortunately, we will need to use buses for the first 53.1 kilometers to avoid some extremely dusty, slippery and frustrating construction. Otherwise a comfortable day of cycling.

Day 299 Chang' an to Liuzhou via bus (heavy construction) to km 53

Wed 25-Oct

Emergency #'s: Andy's cell is 1360 783 0142.

NOTE: This schedule is subject to change. Check the white board.

6:30 to 8:00 Breakfast at hotel.
 7:00 to 8:00 Load bikes on truck.
 8:00 Load buses and depart.
 10:00 Offload buses and bikes. Begin pedaling.

Kms Accum Complete DRG even though you begin pedaling about kilometer 53. No CHECKPOINT.

0.0	0.0	RIGHT from the Gin Di Hotel.
0.1	0.1	LEFT to return to the rotaries with the tall lights.
0.1	0.2	STRAIGHT to follow route at tall light rotary.
0.4	0.6	RIGHT just before tall light rotary. Note power towers ahead.
0.2	0.8	LEFT at "T".
0.1	0.9	RIGHT to follow route at "T". CAUTION RR Tracks.
1.1	2.0	CAUTION RR Tracks. More ahead in 1.2 km.
9.0	11.0	STRAIGHT at Jct paved road that goes left and crosses railroad tracks.
3.1	14.1	LEFT during construction at service station as road along river continues straight. CAUTION RR Tracks.
30.0	44.1	ENTER Dalian. Full services.
9.0	53.1	Construction ended, finally.
6.8	59.9	Enter a village (Taiping). Services.
12.8	72.7	STRAIGHT to follow route at paved street that goes right. Services.
2.0	74.7	ENTER Sha Pu. Full services.
12.6	87.3	Services.
7.5	94.8	Village services.
5.8	100.6	Enter Laiuzhou. Full services.
0.8	101.4	BEAR LEFT to follow route.
3.5	104.9	Cross under bridge.
0.2	105.1	CAUTION RR Tracks.
2.3	107.4	STRAIGHT towards Urban Area at tall lighted rotary.
2.8	110.2	Pass by unfinished freeway bridge.
0.5	110.7	LEFT into Jing Du Hotel.
	110.7	Today's Distance
	702.5	Total Stage in Kilometers
	23,952.0	Total Trip Kilometers

Services: Liuzhou is a super city, about twice the size of Guilin, with full services.
 Facilities: The Jing Du Hotel is the nicest we have seen in China so far. Two to a room and all in the same hotel.
 Dinner: Our Western style dinner will be in at the hotel from 6:00 to 7:30 pm.
 Breakfast: Our Western style breakfast will be in at the hotel from 6:30 to 8:00 am.
 Tomorrow: Longest day in China at 172 kms. Mostly flat terrain, however, except for a few rollers. Long but interesting day of cycling. First half is through more carst country. Rice, sugar cane, sweet potatoes, chestnuts, lotus roots, coal, limestone rocks, decorative large rocks, etc. Traffic congestion leaving Lizhou, then replaced by all those sharing the roadways. You will experience a fair number of quiet kilometers of road. Fortunately, the new expressway has taken the majority of traffic from our route.

Day 300 Liuzhou to Binyang
Thu 26-Oct

(Page 1 of 2)

Emergency #'s: Andy's cell is 1360 783 0142

Kms Accum

0.0	0.0	LEFT from the excellent Jin Du Hotel on the main road. CAUTION congestion.
0.4	0.4	STRAIGHT to continue through city at people statue.
0.8	1.2	STRAIGHT to continue through city at light. Use bike lane.
0.4	1.6	LEFT as most lanes go left in front of nice painting.
0.1	1.7	RIGHT at to follow route. Follow bike path.
0.5	2.2	Billboard row.
0.3	2.5	CROSS Liu Jian Bridge over major river.
0.4	2.9	STRAIGHT to follow route at unique pedestrian crossing. Cool limestone formations ahead.
0.3	3.2	STRAIGHT at light at rotary. Neat rock ahead.
0.3	3.5	LEFT towards the Nanu Expressway at light at rotary.
0.2	3.7	RIGHT at next intersection onto narrower street.
0.2	3.9	PASS under 104 blue parking sign.
0.4	4.3	STRAIGHT at tall lighted rotary. Konka sign ahead. Main street now has a dividing fence. Bike lane on right.
2.8	7.1	CAUTION construction for a short bit.
0.4	7.5	BEAR RIGHT at "Y".
3.1	10.6	BEAR RIGHT to follow route.
0.3	10.9	Merge with road from left and cross over railroad.
0.3	11.2	CROSS over railroad.
0.6	11.8	Enter Liu Jian County. Sorry probably you won't be able to read the sign.
1.0	12.8	STRAIGHT at high lighted rotary.
0.9	13.7	STRAIGHT at high lighted rotary.
3.1	16.8	CAUTION construction bump. Expect more construction ahead.
7.2	24.0	STRAIGHT to follow Hwy 322 as smaller paved road goes left.
0.8	24.8	ENTER Banlu. Limited services. Too many of these small cities to list.
1.6	26.4	Services in a small village. Great carst area, huh?
13.1	39.5	Need any sweetener?
9.9	49.4	Services in Li Jao Town.
10.4	59.8	ENTER town with services.
0.5	60.3	BEAR LEFT to follow route through town at "Y".
10.7	71.0	Enter town with plenty of services.
0.9	71.9	BEAR LEFT to follow route as smaller road leads to construction.

Continued

Day 300 Liuzhou to Binyang
Thu 26-Oct

(Page 2 of 2)

Emergency #'s: Andy's cell is 1360 783 0142

Kms Accum

12.3	84.2	CHECKPOINT just before the toll booth on left. Rougher road after toll booth.
3.7	87.9	Road surface improves.
9.8	97.7	STRAIGHT to follow route at turnoff to Heshan, a larger city.
15.6	113.3	Toll booth.
8.3	121.6	ENTER Qian Jiang Zhen. Sign ahead.
1.5	123.1	Qian Jiang Zhen sign just before crossing a great gorge.
14.9	138.0	ENTER Shilliang. Limited services.
14.5	152.5	Lot of services.
12.4	164.9	ENTER Lema. Limited services.
0.3	165.2	STRAIGHT to follow Hwy as road goes right. CROSS a small bridge.
0.5	165.7	Future toll booth site.
0.4	166.1	STRAIGHT as road goes left at "Y".
1.7	167.8	BEAR RIGHT to follow route. Binyan County...like a city.
0.9	168.7	BEAR SLIGHTLY LEFT to follow STRAIGHT at rotary.
2.6	171.3	STRAIGHT to follow route as small railing separates the road.
0.3	171.6	STRAIGHT at the Tian Hue Hotel.
0.4	172.0	LEFT into the Government Hotel via the opening in the highway dividing fence next to the Bank of China.
	172.0	Today's Distance
	874.5	Total Stage in Kilometers
	24,124.0	Total Trip Kilometers

Services: Binyon County (city) is sizeable and has full services. Don't expect anything like last night, however.

Facilities: We are using three hotels.

1. Government Hotel is our host and will be feeding us.
2. Bian Yun Hotel is close by our host and even has a disco. Party here tonight.
3. The Tian Hue Hotel.

Gear: Tag your bags with your name and we will shuttle gear to hotels every hour beginning at about 2 pm.

Dinner: Our Chinese dinner will be served at the Government Hotel from 6:00 to 7:30 pm.

Breakfast: Our Chinese breakfast will be at the Government Hotel from 7:00 to 8:30 am.

Tomorrow: 86.6 kms on mostly quite, scenic and flat roads. Some rollers. A little construction and some possible gravel on road.

Day 301 Binyang to Nanning

Fri 27-Oct

Emergency #'s: Andy's cell is 1360 783 0142

Kms Accum

0.0	0.0	LEFT onto main street from the Government Hotel. CAUTION crossing traffic.
0.1	0.1	RIGHT at no U-turn sign to continue out of town.
1.9	2.0	STRAIGHT at big lighted, grassy rotary.
2.7	4.7	STRAIGHT as main road goes left. Note no bikes on road to left-I think it is a road reserved for trucks. Rough road for awhile in Xing Qiao.
2.3	7.0	Road becomes more rural and quiet.
2.5	9.5	Small village with limited services.
1.4	10.9	CROSS under road.
1.1	12.0	Small village with a very crappy road and limited services.
5.0	17.0	CROSS under freeway.
2.0	19.0	LEFT to follow route at "Y". Crummy road here for a short distance.
10.5	29.5	CROSS under bridge. Construction ahead.
3.1	32.6	ENTER village. Services.
19.2	51.8	CHECKPOINT in a small village. Limited services.
2.6	54.4	MERGE onto main road at toll booth. All traffic uses this road from now on, so it will get busy.
0.2	54.6	Service station and toilets on right.
8.6	63.2	STRAIGHT towards Nanning as another road goes right.
6.7	69.9	Petrol China Service Station with a store, yes it's true. Services.
8.8	78.7	LEFT at large aluminum rotary. We are in Nanning.
3.4	82.1	CAUTION RR Tracks and an IMMEDIATE LEFT in front of Sinopec Service Station.
1.1	83.2	STRAIGHT at countdown light. More ahead.
0.9	84.1	STRAIGHT at Slek sign and countdown light.
0.4	84.5	STRAIGHT at the entrance of the Chui Hu Hotel.
0.6	85.1	LEFT at intersection worth a police stand in the center of it at light. Large San Jin arrow sign on top of building.
1.0	86.1	CROSS major bridge.
0.3	86.4	RIGHT towards and into the Nanning International Hotel.
0.2	86.6	Arrive at checkin.
	86.6	Today's Distance
	961.1	Total Stage in Kilometers
	24,210.6	Total Trip Kilometers

Services: Nanning is a beautiful city with full services. Over 1,000,000 people, I'm sure.
Facilities: Nanning International Hotel is a five star hotel, the finest hotel in Nanning. A great property with friendly and helpful staff. We are two to a room.
Dinner: Dinner will be from 6:00 to 7:30 pm at the hotel.
Breakfast: Buffet breakfast is at the hotel from 8:00 to 9:30 am.
Tomorrow: We will likely take buses to Hanoi instead of the train. Sorry, we were simply not able to pull a chartered train together. The bus trip does allow us to spend an extra layover day in Hanoi, however.

Day 302 Nanning to Hanoi, Vietnam (via bus) Actually had a layover day in Nanning then we went to Vietnam

Sat 28-Oct

NOTE: This schedule is subject to change. Please check the white board. Bring some food & H2O.

6:30 to 8:00 am	Breakfast at the Nanning International Hotel. Check out of hotel.
7:00 to 8:00	Load bikes and bags in trucks.
8:00	Load us into buses and depart for the border,
1:00 pm	Off load at border, walk bikes and equipment across border and clear customs. Getting all the Odyssey gear might take a couple of trips-if you have the energy, we will definitely need the help.
2:00	Leave Vietnam border for Hanoi.
7:00	Arrive at our hotel in Hanoi. Offload bikes and gear and check in as required.
8:00 to 9:00 pm	Dinner at host hotel.

Services: Hanoi is a super city with 4 or 5 million people. Lots to do and see, by foot, cab, car and driver, pedicab, motorcycle, etc. I had a quick visit to the Hanoi Hilton, the prison that is, where many American pilots were detained during the America (Vietnam) war. There is also a new Hilton Hotel as well.

Facilities: We are probably going to be using three hotels for our one night in Hanoi, the host being the ATS Hotel. The other two are the Thuy Tien and the Hong Ha Hotels. All are well located in the city. Actually our agent is still trying to find one hotel to house our entire group.

Dinner: Dinners will be at the ATS Hotel from 6:00 to 7:30 pm.

Breakfast: Breakfast is buffet style from 8:00 to 9:30 am at your respective hotel.

Tomorrow: Enjoy Hanoi and its unique character.

Day 303 Hanoi layover day

Sun 29-Oct

Tomorrow: Mostly a layover day to enjoy Hanoi. However, we are also catching an overnight train to Hue at 8:30 pm.

Day 304 Hanoi partial layover day (overnight train to Hue at 9:00 pm)

Mon 30-Oct

NOTE: This schedule is subject to change.

Noon	Check-out of hotel.
5:30 to 6:30 am	If necessary, load bikes in trucks
6:00 to 7:30 pm	Dinner at the hotel.
7:30	Load buses for the train station.
8:00	Arrive at train station. Load when possible. Don't forget to carry toilet paper, water and snacks. Keep your carry-ons small, since there is no real storage space for them.
9:00	Train leaves for Hue.

Tomorrow: Enjoy your layover day in this very historic Hue.

Day 305 Hue (arrive via train at aprox 9:28 am) Tue 31-Oct

Emergency #'s: Check the white board for our emergency number.

NOTE: This schedule is subject to change.

9:28 am Arrive Hue. Hopefully we will be able to leave our bikes loaded on the train until we depart tomorrow morning for Nha Trang.
10:00 Load bags in trucks and load buses for hotel.
10:30 am Bus to hotel and check-in when rooms become available.

Camp Services: Hue is one of the most historic cities in Vietnam. Plenty to see and do.
Facilities: Our agent is lining up enough hotels to handle Odyssey.
Dinner: Dinner will be from 6:00 to 7:30 at our host hotel.
Breakfast: Breakfast will be from 6:00 to 8:00 tomorrow at your respective hotels.
Tomorrow: Train to Nha Trang at 9:35 tomorrow morning. Don't forget water, toilet paper and a snack.

Day 306 Nha Trang (train departing at aprox 9:35 am) Wed 1-Nov

NOTE: This schedule is subject to change.

6:30 to 8:00 am Breakfast at hotel.
8:00 Load bags in trucks.
8:30 Bus to train.
8:45 Arrive at train and load for Nha Trang.
9:35 Train departs for Nha Trang.
9:45 pm Train arrives in Nha Trang.
10:00 Unload bikes and bags onto trucks. The hotel is about 1.4 kms from the train so it is possible to pedal or walk your bike.
10:30 Bus to hotel and check-in.

Kms Accum *DRG if you decide to walk your bike.*

0.0 0.0 **RIGHT** for the Nha Trang Station.
0.5 0.5 **BEAR SLIGHTLY RIGHT** at rotary. Beautiful church on right.
0.4 0.9 **STRAIGHT** to follow route at rotary.
0.2 1.1 **STRAIGHT** around cement obstacle in road.
0.3 1.4 **Vien Dong Hotel.** Means "Far East" in English.

Camp Services: Nha Trang is a booming coastal tourist coastal town.
Facilities: We will be in at least two hotels, 2 to three to a room. Our host hotel, the Vien Dong Hotel will be where are dinners are served.
Dinner: Dinner on train.
Breakfast: Breakfast will be from 7:00 to 8:30 am at your respective hotels.
Tomorrow: Enjoy this added day at the beach in Nha Trang. Nha Trang's beach is considered the best beach in Vietnam.

Day 307 Nha Trang layover day Thu 2-Nov

Tomorrow: 115.3 kms of relatively flat riding along Vietnam Hwy 1, a vastly improved road with a shoulder most of the way. At 115.3 kms we will put our bikes in trucks and take buses to the resort area of Da Lat, another 100+ kms and 4 hours away.

Day 308 Da Lat (pedal to Phan Rang, bus to Da Lat) (Page 1 of 2)
Fri 3-Nov

Emergency #'s: Check the white board for our emergency number.

Kms Accum

0.0	0.0	LEFT towards the beach from the Vien Dong Hotel.
0.1	0.1	RIGHT to follow coast at the Unknown Soldier Monument. The yellow building on the right is the former headquarters of the US Army before 1975. Great beach, huh?
1.2	1.3	STRAIGHT at turnoff to Nha Trang Airport. This airport is on the site of the old US Air Force Base.
1.5	2.8	RIGHT onto Da Tuong Street. Note the Statue of a former Vietnamese General ahead on left before turn.
0.2	3.0	Current Navy Base on left on the site of the former US Navy Base. Some rough road ahead.
0.5	3.5	BEAR LEFT onto gravel road to head for Hwy 1.
0.3	3.8	LEFT onto paved road in front of market area, home of the old US Special Forces Base.
0.2	4.0	RIGHT onto Phuoc Long (first paved road).
0.8	4.8	RIGHT onto Le Hong Phong (unmarked) to avoid dirt road ahead.
2.5	7.3	Now the airport is on your right.
1.1	8.4	BEAR LEFT towards large white Buddha at cement block.
0.8	9.2	LEFT onto Hwy 1 towards Ho Chi Minh City at "T".
0.1	9.3	Long Son Pagoda on right. Largest in Nha Trang. Impressive large white Buddha.
0.5	9.8	Bus station on right.
0.7	10.5	CAUTION Railroad Tracks. Bridge construction ahead.
3.4	13.9	CAUTION might be speed bumps and construction for a few blocks.
3.6	17.5	Huge double trunk tree on left. Famous 150 year old tree.
0.1	17.6	STRAIGHT at city bypass at rotary.
0.6	18.2	BEAR LEFT to follow Hwy 1. We are in Dien Khanh District. Hwy 1 is an excellent road with a great shoulder.
13.8	32.0	CAUTION Railroad Tracks.
8.4	40.4	Shrimp farm on left.
5.5	45.9	Small village with plenty of services.
4.1	50.0	Cam Ranh Bay is to your left. This area of Hwy 1 is the previous site of US and Vietnamese military bases. Old Air Force Helicopter base area on left. They make glass from the white sands of the area.
13.3	63.3	BEAR RIGHT to follow Hwy 1 at turnoff to Cam Rahn.
1.3	64.6	Road divides in Ba Ngoi, the capitol of Cam Ranh Bay (Ba Ngoi means "three river mouths")
0.8	65.4	CHECKPOINT at the BP Service Station. Full services.

Checkpoint

Day 308 Da Lat (pedal to Phan Rang, bus to Da Lat) (Page 2 of 2)

Fri 3-Nov

Emergency #'s: Check the white board for our emergency number.

Kms Accum

4.1	69.5	Salt ponds on left and right.
0.9	70.4	Excellent Ngoc Suong restaurant on left. Famous for good food and reasonable price. It's very clean and has a cozy atmosphere.
1.7	72.1	Toll plaza. Buy ticket at little booth before plaza and show ticket at booth. Bikes free.
6.6	78.7	ENTER My Thanh, small village of Cam Ranh. Limited services.
0.8	79.5	Enter Khanh Hoa Province.
4.3	83.8	CAUTION several sizeable speed bumps.
12.5	96.3	Champ Temple on left. Built around the 8th century. The construction techniques remains a mystery even today.
9.6	105.9	Unknown soldier cemetery on left.
2.2	108.1	BEAR RIGHT to follow Hwy 1 at turnoff into Phan Rang. Phan Rang is famous for its vineyards.
2.3	110.4	RIGHT towards to Da Lat at rotary.
4.6	115.0	CAUTION Railroad Tracks.
0.3	115.3	Pick up buses to Da Lat from here, in front of a small market and a conference hall (Hoi Truong Khu Pho 2-red sign with yellow letters). We will load the bikes on large trucks and release the buses as soon as we have staff headed for Da Lat. Coffee shops across the street.
	115.3	Today's Distance
	1076.4	Total Stage in Kilometers
	24,327.3	Total Trip Kilometers

Camp Services:	Da Lat is a very popular tourist area with a "perfect climate", so it's worth a visit. Plenty of services.
Facilities:	We are likely staying at three different hotels, the Golf Hotel 3 (our host), Golf 1 and Golf 2.
Dinner:	Dinners will be from 6:00 to 7:30 pm at the Golf 3 Hotel.
Breakfast:	Buffet breakfast is at your hotel from 8:00 to 9:30 am tomorrow and 7:00 to 8:30 on Sunday.
Tomorrow:	Enjoy this unique resort area. Plenty to do and see.

Day 309 Da Lat layover day

Sat 4-Nov

Tomorrow:	Pedal 108.1 kms to downtown Phan Rang and catch a bus to Phan Thiet. Dress for a possibly cool descent.
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Day 310 Phan Thiet-pedal to Phan Rang, bus to Phan Thiet

Sun 5-Nov

Emergency #'s: Check the white board for our emergency number.

Kms Accum

0.0	0.0	LEFT from the Golf 3 Hotel.
0.1	0.1	BEAR LEFT to end up going along far side of lake at "dove on the world" rotary. LEFT along lakeside.
0.2	0.3	BEAR LEFT -not along lake -to continue heading out of town at rotary.
1.1	1.4	LEFT in front of red/white tower at rotary, IMMEDIATE LEFT at "Y".
1.3	2.7	BEAR LEFT towards at "Y".
1.3	4.0	BEAR SLIGHTLY RIGHT to follow route. Rougher road ahead. Use caution and keep alert all day.
3.5	7.5	First summit and a great view. CAUTION slippery descent when wet.
1.7	9.2	Very interesting Pagoda on right. Short section of dirt road ahead.
13.5	22.7	Don Duong village. Services. Last climb before a long and fast descent.
2.6	25.3	Begin downhill for most of remainder of day. Tea bushes and factory. CAUTION fast curvy descent on a rough road. Enjoy!
6.0	31.3	Bridge. Another ahead as well.
1.4	32.7	Rough section of road. More ahead.
3.9	36.6	LEFT to rejoin route we drove heading to Da Lat at rotary. Services. More fast and curvy descents ahead.
15.6	52.2	CROSS under waterpipe.
2.9	55.1	CROSS under waterpipes again.
4.1	59.2	More services for remainder of day.
29.3	88.5	STRAIGHT towards Phan Rang at turnoff indicated by a blue sign.
12.8	101.3	CAUTION RR Tracks.
4.4	105.7	STRAIGHT towards Phan Rang at Hwy 1 bypass at rotary.
1.3	107.0	BEAR RIGHT in front of market in center of town at "T".
0.2	107.2	STRAIGHT at light.
0.1	107.3	BEAR RIGHT onto Hwy 1 towards Ho Chi Minh City.
0.8	108.1	Bus station on left just before bridge for loading bikes and buses.
	108.1	Today's Distance
	1184.5	Total Stage in Kilometers
	24,435.4	Total Trip Kilometers

Camp Services: Phan Thiet appears to be a laid back coastal fishing city. Nice beach across the street.
 Facilities: Our host hotel, the Doi Duong Hotel is next door to the Binh Minh Hotel. Both are relatively new and enjoy an excellent ocean location.
 Dinner: Dinner will be from 6:00 to 7:30 pm at the Doi Duong Hotel.
 Breakfast: Breakfast will be buffet style at your respective hotel from 7:00 to 8:30 am.
 Tomorrow: Enjoy the beach, exploring Phan Thiet or just not doing nothin'.

Day 311 Phan Thiet layover day

Mon 6-Nov

Tomorrow: 113.3 kms of pedaling, then a 90 km ride to the hotel in Ho Chi Minh City. Slightly rolling to more rolling terrain on good old (actually new) Vietnam Hwy 1.

Day 312 Ho Chi Minh City-pedal then bus to Ho Chi Minh City

Tue 7-Nov

Emergency #'s: Check the white board for our emergency number.

Kms Accum

0.0	0.0	LEFT in front of the beach from the hotels.
0.1	0.1	LEFT onto main street to return to Hwy 1.
1.2	1.3	LEFT onto Hwy 1 at interesting statue at "T".
0.5	1.8	CROSS river and take note of small fishing boats. The main commerce of this area is fishing.
3.3	5.1	CROSS another small river-not as interesting as the last, however.
1.1	6.2	BEAR LEFT to follow Hwy 1 towards Ho Chi Minh City at Jct bypass road.
12.4	18.6	CAUTION speed bumps.
4.3	22.9	New transport fee (toll booth, I believe) station under construction. Bikes free.
5.6	28.5	CAUTION speed bumps.
8.3	36.8	Bridge construction. Crappy road. Walk bike across bridge.
32.0	68.8	Xang Dau Service Station on left for reference. CHECKPOINT somewhere along here.
8.8	77.6	Haung Hui (sp) Service Station on left.
6.1	83.7	Another Xang Dau Service Station on left.
3.8	87.5	Large new motorcycle safety (??) billboard on right.
1.6	89.1	BEAR LEFT to follow Hwy 1 at turnoff to the center of Gia Ray.
24.2	113.3	BEAR LEFT to follow Hwy 1 at turnoff to the center of Xuan Loc. End of day here or close to here. Load bikes on buses for trip Ho Chi Minh City.

113.3 Today's Distance

1297.8 Total Stage in Kilometers

24,548.7 Total Trip Kilometers

Services:	Ho Chi Minh City (Saigon) is a great and historic place. A great place to explore.
Facilities:	We may require as many as three hotels to accommodate Odyssey. We have initially selected the Metropole Hotel and it's neighbor, the Windsor a few blocks away. This may change if we can locate a hotel to house our entire group.
Dinner:	Dinner will be at the main host hotel from 6:00 to 7:30 pm each evening.
Breakfast:	Breakfast will be from 8:00 to 9:30 hotel at your respective hotel.
Tomorrow:	Enjoy a day of exploration in this unique city.

Day 313 Ho Chi Minh City layover day

Wed 8-Nov

Tomorrow: Catch a late morning plane to Phuket, Thailand tomorrow. Load bikes tonight from 6:00 to 7:00 pm.

Day 314 Ho Chi Minh City, Vietnam to Phuket, Thailand (flight)

Thu 9-Nov

NOTE: This schedule is subject to change. Check the white board.

7:00 to 8:00 AM	Load bags on trucks.
6:30 to 8:00AM	Breakfast at respective hotel.
8:00 AM	Checkout of hotel.
8:30 AM	Load buses for airport.
9:00 AM	Arrive at airport, clear customs and immigration.
11:00 AM	Plane departs for Phuket.
1:00:00 PM or so	Arrive Phuket.
2:00 PM	Load truck and buses for the hotel.